

JOURNEY THROUGH GRIEF

2026 ONGOING PROGRAMS

At Hospice of Acadiana's Center for Loss & Transition,

our goal is to provide a variety of free programming to assist you in your journey through grief.

We invite you to participate in the programs that you feel will be of most benefit to you.

337.232.1234

2600 JOHNSTON ST, STE 250, LAFAYETTE, LA 70503

HOSPICEACADIANA.COM

DINE AROUND

Monthly social outings with others who have lost loved ones. Pre-registration is required to ensure a seat for everyone attending.



4TH SUNDAY OF EVERY MONTH

October 25 — Rascal's Cajun Restaurant

November 22 — Chef Roy's (Rayne)

December 13 — Vermilionville

TO ATTEND, CONTACT MOLLIE CHARPENTIER
337-251-1614

INDIVIDUAL COUNSELING

By appointment only

Monday – Friday

8:00am – 4:30pm

**CALL 337-889-5369
TO SCHEDULE**

VIRTUAL CAREGIVER SUPPORT GROUP

We are committed to helping caregivers navigate advanced illness. Our virtual support group provides a safe space to connect with others and receive support and feedback on challenges.

First Thursday of each month, 12 – 1 pm

**CALL 337-889-5369 TO RSVP AND RECEIVE
THE ZOOM MEETING LINK**

HEALING THROUGH ART

- Friday, October 9th & 23rd
10 am – 12 pm
- Friday, November 13th
10 am – 12 pm
- Friday, December 4th & 18th
10 am – 12 pm

**HELD AT HOSPICE OF ACADIANA'S
VOLUNTEER SERVICES TABLE**

MINDFUL YOGA

Virtual

Tuesdays, 9:00 – 10:00 am

At Hospice of Acadiana

Saturdays, 10:30 – 11:30 am



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REMEMBER ME SUPPORT GROUP

An in-person support group for caregivers, family, and friends of dementia or Alzheimer's patients.

- Second Tuesday of each month
- 12:00 – 1:00 pm
- St. Elizabeth Seton Church
610 Raintree Trl, Lafayette, LA

GENERAL GRIEF SUPPORT GROUP

Level 1 — Beginning the Grief Journey

- Designed for those who experienced a loss within the past 18 months
- Tuesdays, 12 – 1 pm

Level 2 — Continuing the Grief Journey

- Designed for those who experienced loss within the past 18 months to 3 years
- 2nd and 4th Monday of each month, 12 – 1 pm



Both grief support groups are held at Hospice of Acadiana, 2600 Johnston St.

RSVP GROUP

A social group for those wanting to connect with others who understand the challenge of socializing after loss.

- Friday, October 2 — Coffee Talk
@ All Day Restaurant, 10 AM
- Monday, October 19 — Pumpkin Decorating Contest
@ Hospice of Acadiana, 10 AM
- Friday, November 6 — Coffee Talk
@ CC's (N. College location), 10 AM
- November, Date/Time TBD — Volunteering
@ St. Joseph's Diner
- Monday, December 7 — Silly Santa Gift Exchange
@ Hospice of Acadiana, 10 AM

CONTACT SARAH PALMER AT **337-345-5359** OR
SPALMER@HOSPICEACADIANA.COM FOR MORE INFORMATION



LABYRINTH WALK & MEDITATION

The Labyrinth is open
to the public year-round;
for a guided meditation,
CALL 337-889-5369