# JOURNEY THROUGH GRIEF

2024 ONGOING PROGRAMS

# At Hospice of Acadiana's Center for Loss & Transition,

our goal is to provide ongoing, free programming to assist you in your journey through grief. We invite you to participate in the programs that you feel will be of most benefit to you.

337.232.1234 2600 JOHNSTON STREET, LAFAYETTE, LA 70503 HOSPICEACADIANA.COM

### **DINE AROUND**

Monthly social outings with others who have lost loved ones. Pre-registration is required to ensure a seat for everyone attending.



#### 4TH SUNDAY OF EVERY MONTH

- April 28 BJ's Brewhouse
- May 26 Riverfront
- June 23 Olive Garden

**CONTACT MOLLIE CHARPENTIER AT 337-251-1614** 

# INDIVIDUAL COUNSELING

By appointment only Monday - Friday 2600 Johnston St. Lafayette, LA 70503

**CALL 337-889-5369 TO SCHEDULE** 

## THE CROCHET CREW

Whether you know how to crochet or would be willing to learn, this is a great opportunity to gather with others who have lost a loved one. Create supportive friendships while crocheting prayer blankets for our patients. All yarn is provided.

- Every Thursday, 9:00 am 1:00 pm
- The Volunteer Room, 2600 Johnston St.

# HEALING THROUGH ART

- Friday, April 5th & 19th 10am-12pm
- Friday, May 3rd, 17th & 31st 10am-12pm
- Friday, June 14th & 28th 10am-12pm

HOSPICE OF ACADIANA ART ROOM 2600 JOHNSTON ST.

# **MINDFUL YOGA**

#### Virtual

Tuesdays, 10:00 - 11:00 am



At Hospice

Saturdays, 10:30 - 11:30 am

CONTACT TAYLOR @ 337-889-5369 OR THUVAL@HOSPICE ACADIANA.COM TO RSVP AND/OR RECEIVE THE ZOOM LINK

# REMEMBER ME SUPPORT GROUP

An in-person support group for caregivers, family, and friends of dementia or Alzheimer's patients.

- Second Tuesday each month
- 12:00 1:30 pm
- St. Elizabeth Seaton Church
  610 Raintree Trl, Lafayette, LA

## **GENERAL GRIEF SUPPORT GROUP**

#### **Level 1 - Beginning the Grief Journey**

- Designed for those suffering from a loss within the past 18 months
- Tuesdays, 12 1pm
- Hospice of Acadiana, 2600 Johnston St. Lafayette, LA 70503

#### **Level 2 - Continuing the Grief Journey**

- Designed for those who experienced loss within 18 months to 3 years
- 2nd Monday of each month, 12 1pm
- Hospice of Acadiana, 2600 Johnston St. Lafayette, LA 70503

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## **RSVP GROUP**

A social group for those wanting to connect with others who understand the challenge of socializing after loss.

- April 4 @ 10 AM Coffee Talk @ Coffeeweed Cottage
- April 25 @ 4PM Fin Feather Fur Food Festival @ Blackham Coliseum
- May 2 @ 10 AM Coffee Talk @ PJ's Coffee
- May 18 @ 9 AM Farmer's Market & Cajun Jam Music @ Moncus Park
- June 6 @ 10 AM Coffee Talk @ Cici's
- June 21 @ 10 AM Potluck & Outdoor Mixer @ Points of View Subdivision Pavilion

CONTACT SARAH PALMER @ 337-889-5369 OR SPALMER@HOSPICEACADIANA.COM FOR MORE INFORMATION



The Labyrinth is open to the public year-round; for a guided meditation, CONTACT HEATHER PREJEAN:

HPREJEAN@HOSPICEACADIANA.COM OR 337-889-5369